

# DMMHRSB Providers Part of Network of Excellence

DMMHRSB providers seek to deliver the highest quality of care. Part of this commitment involves achieving and maintaining standards and accreditations within their fields of care. It is through these contract service agencies, treatment, support and prevention services are provided for residents of Delaware and Morrow Counties.

## Below are providers of care and their national and state accreditations:

**Safe Harbor Peer Support Services**  
**Annie's Outreach Center**  
**No Limits**  
*Consumer Operated Services (ODMH)*

**Center of Vocational Alternatives (COVA)**  
*Vocational and Rehabilitation Services (ODMH, CARF)*

**Central Ohio Mental Health Center (COMHC)**  
*Comprehensive Mental Health Treatment and Support Services for Children, Adolescents, and Adults (ODMH, ODADAS, CARF)*

**Education Service Center of Central Ohio (ESCCO)**  
*Mental Health Liaison Services to youth in Alternative Education Programs (ODMH)*

**Del-Mor Dwellings Corporation**  
*Affordable Housing for Persons with Disabilities (ODMH)*

**HelpLine of Delaware and Morrow Counties**  
*24-hour Crisis Hotline, Information and Referral, and Prevention Services (ODMH, American Association of Suicidology (AAS), National Alliance of Information & Referral systems (AIRS))*

**Maryhaven**  
*Alcohol & Other Drug Education and Treatment for Adults and Adolescents (ODADAS, ODMH, CARF)*

**Recovery & Prevention Resources of Delaware and Morrow Counties (RPR)**  
*Alcohol & Other Drug Education, Prevention, and Treatment for Adults and Adolescents (ODADAS, CARF)*

**Turning Point**  
*Shelter and Services for Victims of Domestic Abuse and Violence (ODMH)*

**ODADAS –Ohio Department of Alcohol & Drug Addiction Services**

**ODMH-Ohio Department of Mental Health**

**CARF-Commission on Accreditation of Rehabilitation Facilities**

**Delaware Morrow Mental Health and Recovery Services Board**

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## Our Role in the Community

Over the past few years there have been major changes and challenges. Continued state budget cuts have strained many of the publicly-funded systems, including mental health and recovery services. The Delaware-Morrow Mental Health and Recovery Services Board has responded by being more efficient, strategic and good stewards of local tax dollars. All to assure individuals in need of services can receive them.

In addition, our network of service providers remain strong and committed to delivering the highest quality of care. Allowing us to focus on serving people and maintaining our safety net of services.

### Some of the highlights over the past year include:

- ▶ Maintained an accessible comprehensive provider network and enhanced services while living within current budget (no new taxes)
- ▶ Increased the number of persons served by 8% from the previous year without new tax dollars

- ▶ Worked to convene a community-based opiate task force to address the growing abuse of illegal and prescription drugs
- ▶ Continued support of specialized court dockets in both counties for youth and adults with substance abuse and mental illness
- ▶ Conducted additional Crisis Intervention Team CIT training for first responders and law enforcement to psychiatric emergencies
- ▶ Continued to participate in community-based awareness programs, such as "Shine the Light" and behavioral health care screenings
- ▶ Promoted and participated in the Ohio Coalition for Healthy Communities "Behavioral Health Care is Health Care" campaign

- ▶ Educated state policy makers regarding the importance of behavioral health care related funding and policy decisions
- ▶ Advocated for our counties' fair share of behavioral health care funding to better serve our community

## DMMHRSB Convenes Opiate Task Force

In 2010, DMMHRSB and other community partners laid the groundwork for the creation of a community-based opiate task force.

The past few years have seen a dramatic increase in both prescription drug and heroin abuse, as well as accidental ingestion of prescription drugs by youth.

Approximately 9.5 million doses of controlled substances are legally dispensed by pharmacists each year in Delaware and Morrow Counties.

In 2010, there were enough prescription painkillers prescribed to give each man, woman and child 49 doses each of oxycontin, vicodin and percocet. In addition the Delaware County Sheriff's Office seized approximately eight pounds of heroin, up more than twenty times compared to the previous year.

Health care professionals, schools, criminal justice, public officials and other community leaders have all agreed to collaborate in seeking ways to better coordinate education and prevention efforts to combat this growing trend.

A survey conducted by the Delaware-Morrow Mental Health and Recovery

Services Board indicated that students perceive prescription drugs as less harmful than cigarettes or alcohol. It also showed that more youth have tried heroin than in previous years.

The Substance Abuse and Mental Health Services Administration (SAMHSA) released a report in 2008 that

showed accidental drug ingestions led to more than 100,000 hospital emergency department visits. The vast majority of cases involved patients aged 5 years old or younger.

To learn more about task force activities and how to become involved, go to [www.DMMHRSB.org](http://www.DMMHRSB.org)



## School-Based Prevention Programs Standardized

DMMHRSB continues to realign its funding of school-based prevention services to be more comprehensive and consistent. This assures that students in all school districts in Delaware and Morrow counties have the opportunity to receive the same evidence-based programs at the same grade levels. These changes have been made in the hopes of being more effective in preventing problems at critical times in youth development.

The prevention services focus on the top three areas of concern identified by youth, school staff, and the community. They are violence (bullying, harassment, etc.), depression/suicide, and alcohol/other drug abuse.

Following are examples of some of the evidenced based programs by age group:

### Preschool

Hands & Words Are Not For Hurting

### Elementary

Too Good For Violence

### Middle/Intermediate

Too Good For Drugs

### High

Signs of Suicide (SOS)

## Specialized Court Dockets



Over the past few years Delaware and Morrow Counties have created specialized court dockets for offenders who are mentally ill and/or non-violent felony drug/alcohol related cases.

These dockets have been effective in fostering better compliance with treatment rather than simply choosing to incarcerate the offender. This comprehensive approach is also being credited with assisting individuals in becoming responsible, contributing members of society.

### Delaware County Re-Entry Task Force

In 2010, the Ohio Department of Public Safety (ODPS) announced \$4.7 million in federal stimulus funds for offender re-entry initiatives. In Delaware County that has translated into a \$150,000 grant to better coordinate services for offenders returning to the community from incarceration.

ODPS has chosen to invest in community-based re-entry programs to reduce recidivism, as well as to successfully reintegrate citizens back into our communities.

DMMHRSB serves as a part of a community task force to assure a coordinated approach regarding housing, employment, vocational training, treatment and other issues faced by offenders returning to the community.

## "Shine a Light" at OWU

Ohio Wesleyan University, the Delaware-Morrow Mental Health and Recovery Services Board, area treatment providers, advocates, and other community partners once again came together to "Shine a Light." The 2nd annual event on the Ohio Wesleyan campus was to promote mental health awareness and recovery during National Mental Illness Awareness Week.

The event seeks to bring mental health issues out of the shadows and join forces with area agencies to raise awareness for young adults and the public-at-large. Representatives from Ohio Wesleyan's counseling services and psychology departments along with directors from various mental health treatment agencies spoke about campus and area resources and services.

Jon Peterson, a 1976 Ohio Wesleyan graduate, and former state representative, provided an overview of state and national legislative issues impacting persons with mental illness.

Also, joining the event in 2010 was "Active Minds," a new OWU chapter of the national student organization that seeks to educate people on campus about mental health issues.

DMMHRSB believes this event helps align OWU and the Delaware community resources to promote the awareness of mental health treatment services, reach more people and let them know help is available.



## Band Aid Campaign Launched

In 2010, the Ohio Coalition for Healthy Communities launched a high-profile "Band Aid" campaign to help emphasize "Behavioral Health Care IS Health Care." This provocative campaign has drawn much attention to the funding cuts and challenges faced by persons with behavioral health conditions.

To learn more about this campaign logon to: <http://ohioc4hc.org/>

### Revenue 2010

Ohio Department of Mental Health .....	\$2,040,532
Ohio Dept. of Alcohol & Drug Addiction .....	\$875,677
Local Levy .....	\$7,238,518
Medicaid .....	\$3,413,731
Medicaid Stimulus .....	\$569,890
Other .....	\$52,356
Reserve .....	\$497,615
<b>Totals .....</b>	<b>\$14,688,319</b>

### Expenditures 2010

Direct Care Agency Payments .....	\$12,206,228
Administration, Planning & Oversight .....	\$689,826
Capital & Facilities .....	\$258,586
<b>Totals .....</b>	<b>\$13,154,640</b>
Outstanding Direct Care Agency Payments	
To Be Paid in FY 2011 .....	\$1,533,677
<b>Totals .....</b>	<b>\$14,688,319</b>

### Residents Receiving Services

	FY 2009	FY 2010	% Increase/Decrease
Adults Served	2,945	3,208	9%
Youth Served	971	1,028	6%
<b>Total Served</b>	<b>3,916</b>	<b>4,236</b>	<b>8%</b>
ODMH Revenues	\$2,887,983	\$2,040,532	-29%
ODADAS Revenues	\$1,008,150	\$875,677	-13%
Local Levy	\$7,144,763	\$7,238,518	1%
Medicaid Revenues	\$3,278,889	\$3,413,731	4%
Medicaid Stimulus	\$147,999	\$569,890	285%
Other	\$132,513	\$52,355	-60%
Reserve	\$1,380,310	\$497,615	-64%
<b>Total</b>	<b>\$15,980,607</b>	<b>\$14,688,319</b>	<b>-8%</b>